

HOW MANY OF THESE SEATBELT MYTHS DO YOU STILL BELIEVE IN?

Safety belts are not needed when travelling at low speeds or on short journeys.

80% of crashes occur at speeds of around 80kmh. Most occur within 15km of home. That short trip to the shops, school or to visit family can be fatal.

It takes too much trouble to fasten my safety belt.

The average time it takes to fasten a seatbelt is two seconds! That much time and trouble you can live with.....if you want to live!

It will never happen to me, I am a good driver.

No matter how good a driver you are, in a crash it is another driver who will hit you. You cannot control the behaviour of other drivers on the road.

If I wear a safety belt I might be trapped in a burning car.

Less than 0.5% of collisions resulting in injury involve fire. If you are involved in a crash and not wearing a seatbelt you would most likely be unconscious or seriously injured. This would reduce to zero your chances of escaping a burning car.

Seatbelts are uncomfortable.

Seatbelts may be uncomfortable for the pregnant or fat, i.e. a small minority of people. However, flying through a windscreen is really, really uncomfortable!

Seatbelts crease my clothes.

They may crease your clothes. , but then, sitting creases clothes. Wearing clothes creases clothes. And, flying through a windscreen really creases clothes

I am strong and I could brace myself if a crash occurred.

The force of impact at just 25km/h is equivalent to catching an 80 kilo bag of cement from a first floor window. At 50km/h the force of impact is brutal - there is no way your arms and legs can brace you against that sort of force.

We'll live forever.....

You won't. Don't throw away the life God gave you